# **TYDBITS TO NIBBLE**

Small plates, big flavours. A little something to start the story, share with the table or keep all to yourself. The kind of plates that disappear all too easily while you decide what to order next.

Nocellera Olives (vg) (s, m)	. 6
The Bell's Daily Homemade Bread (v) $(g, d, n)$ Served warm with flavoured butters	6
Guiness Glazed Cocktail Sausages (sy, g)	8
Padron Peppers (v) (e, g)	6
Mini Lamb Koftas (d, g, sy)	8

# FROM THE FARM

We like our meat well-raised and full of flavour. It comes from farmers and butchers who honour the land - and who care about what an animal eats and how it's treated. We choose it for its taste and origin, then cook it simply and well - because good meat doesn't need dressing up to impress.

Ham Hock Croquette (d, s, c, m, e, sy)	11
Black Pudding Bon Bons (g, s, c, m, sy)	8
Venison Burger (d, g, s, c, m, e, sy)	19.5
Featherblade of Beef (d, g, s, c, m, sy)	. 26
Pan Roasted Chicken Breast (d, s, c, m, sy)	23

Rosti potato, glazed carrot, cauliflower purée, jus

# **THE BELL**



# FROM THE SEA

The tide writes our menu. We take the day's catch from small-boat fishers and market traders who know these waters like old friends - scaling, filleting, and sending it to us before the salt's even dried. Sometimes it's from the early-morning bustle at the market, sometimes from the hands of a third-generation fishmonger raised in Hastings with saltwater in his blood. However it arrives, it's chosen for freshness, seasonality, and sustainability. You're eating the coast, not just the fish.

Crispy Whitebait (g, f, e, s)	7
The Bell Prawn Cocktail (s, g, sf, e, m, sy)	13
Beetroot Cured Salmon $(f, g, d)$	12
Beer Battered Haddock (g, f, e, s, c, sy)	19.50
Pan Roasted Fillet of Hake (d, f, c, s)	23

# FROM THE GARDEN

Our fruit and veg come from people who speak nature's language. Market traders with a knack for finding the best of the day, and family fruiterers whose roots run deep in Sussex soil. Expect heritage leaves and just-picked orchard fruit in autumn, crisp greens in winter, and sun-kissed tomatoes and courgette flowers in summer. When the mood and the weather call for it, we reach further afield for Mediterranean gems that taste like holidays you haven't taken yet.

Soup of the day $(d, g, n)$	1	11.	50
Salad of Grilled Carrots (v/vg) (d, s, n)	No.	11	
Roast Butternut Squash (v) $(s, n, d)$		12	
Aubergine Schnitzel (v) (g, s, e)		17	
			ķ,
A BIT ON THE SIDE			
Because sometimes the extras steal the show.			
Fries (vg) / Chunky Chips (vg) / Sweet Potato Fries (v)			5
Honey Roasted Heritage Carrot (vg)			6
Winter Slaw (v)		ļ	6
Confit Cabbage & Ham Hock		1	6
The Bell's House Side Salad (vg)		i	6

#### WOOD FIRED SOURDOUGH PIZZA

Billy the Buffalo	. 12
Goat atop a Wooded Hill	. 14
The Furnace	. 15
The Garden Glaze	
The Farrier	. 16
Honey glazed chicken, smoked bacon, olives, cherry tor rocket, sriracha dressing	natoes,

Please be aware pizza orders may not come out at the same time as the rest of the food order on your table, due to different cooking times.

All pizza bases contain gluten. Pizzas may contain traces of allergens. Please make us aware of any food intolerances or allergies when you order.

Pizza availability depends on a favourable forecast.

### CHEESE

Our cheese board is a love letter to the curd. It's a changing cast of local treasures from Sussex and Kent, rubbing shoulders with bold, beautiful finds from further afield. We like to mix the soft with the hard, the nutty with the stinky - because a little drama goes a long way.

At The Bell,
every dish starts with
a story. We work with people
who know their craft inside out and
care as much about how something is
grown, caught, or made, as we do about
how it's cooked.

From the tide to your table, our fish comes from small-boat fishers and market traders who know the waters like old friends - the kind who can tell you the day's catch before the sun's even up.

From field to fork, our fruit and vegetables are chosen by growers and traders who speak fluent season - heritage leaves, orchard fruit and the odd sun-ripened gem from further afield when the mood calls for it. From farm to flame, we choose well-raised meat from farmers and butchers who honour the land and the life it gives, selecting each cut for its flavour and sustenance.

Our cheese boards mix local treasures from Sussex and Kent with bold characters from across Britain and beyond - because every good cheese plate calls for a little drama. And for sweet endings, we follow the seasons and our own mischief - from berries picked nearby to

honeycomb spun in our own beehives in Stonegate.

Please be aware that some ingredients may contain traces of allergens. Kindly inform staff of all allergies and intolerances.

KEY: d – Dairy, g – Gluten, e – Eggs, m – Mustard, f – Fish, s – Sulphites, c – Celery,

sf – Shellfish, n – Nuts, l – Lupin, sy – Soy, v – Vegetarian, vg – Vegan, ss – Sesame

As you enjoy our hospitality, we invite you to add a voluntary donation of 50p per table, which goes directly to Brain Tumor Research – a charity close to our hearts at The Bell, as it has personally affected The Bell Family.

Please note: a discretionary 10% service charge will be added to your bill, with 100% distributed amongst our team.

## SWEET ENDINGS

Cream cheese frosting

The bit you swore you wouldn't have, until someone else orders it. Local fruit, indulgent cream, deep chocolate, and sharp sorbets - the closing chapter to your Bell story.

Plum Frangipane Tart $(d, e, g, n)$	9
The Bell's Walnut Whip (d, e, n, sy)	9
Sticky Toffee (d, e, s, sy)	9
Classic Arctic Roll (d, e, g)	70]
Ice Cream & Sorbet $(d, g, e, sy, n)$	9
Carrot and Ginger Cake (d, s, sy, e, g)	9



