

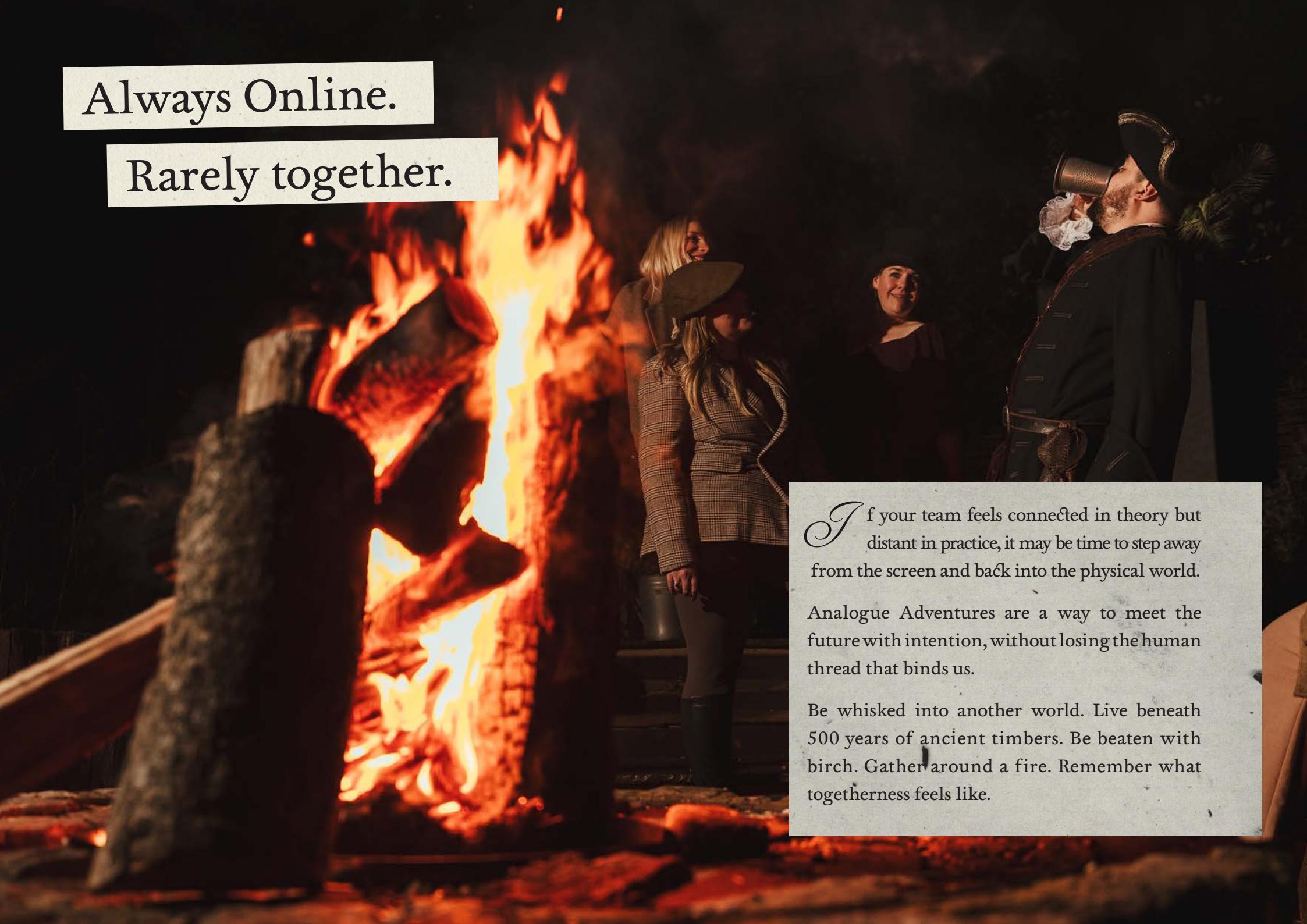


THE BELL IN TICEHURST

Experiences for the Brave and the Curious



Because Everything is Connected



Always Online.

Rarely together.

*I*f your team feels connected in theory but distant in practice, it may be time to step away from the screen and back into the physical world.

Analogue Adventures are a way to meet the future with intention, without losing the human thread that binds us.

Be whisked into another world. Live beneath 500 years of ancient timbers. Be beaten with birch. Gather around a fire. Remember what togetherness feels like.

The Bell in Ticehurst

The Bell has welcomed travellers for more than five centuries. Its story began long ago, offering highwaymen and merchants a place to rest their weary heads and horses' hooves.

Today, not much has changed.

The Bell still houses locals, wanderers and passersby, but it also serves a deeper purpose. A place where worries are left at the door. A place where you are inspired, cared for, and where you belong.

The Bell lives in the present, but it draws from the past and looks to the future, a place shaped by curiosity, adventure and a quiet sense of mischief.

Step inside and choose your own adventure.

Everything is Connected here.



A gateway to the past,
and a portal to the future.



Why step outside the ordinary?

*T*he desire for human connection is hard-wired into us.

Many of us live in a state of constant digital stimulation. Always online, always informed, and increasingly tired. The need to slow down and experience something conscious and real has never felt more urgent.

The Bell invites teams to reconnect to humanity, to nature, to themselves and to each other.

We host leaders, founders and teams who crave space to think, space to reconnect, and space to feel alive again.

Doom-scrolling does not exist here and 'logging off' is not a luxury.



The Experience



a retreat, an adventure, a playground, a blank canvas...



Decompress

*A*s soon as you step inside The Bell, feel your shoulders drop. Discover a blank page where play, nature and possibility take over.



Meet



*T*he Bell is full of spaces designed to be discovered. Pull up a chair, pour a drink, break bread, immerse yourself in the life of the place, and let the story unfold.

A photograph of a woman with long brown hair, wearing a pink zip-up hoodie, sitting cross-legged in a meditative pose on a grassy field. She is positioned in the lower-left foreground. The background is a soft-focus landscape of autumn-colored trees and bushes. A white rectangular box is overlaid on the upper right portion of the image.

Touch the Grass

*L*et nature lead the way. Unpredictable, imperfect and alive. Every season offers a new canvas.

Curiosity is the only rule. Connection is the only currency.

Adventure



More than survival, adventure makes us feel alive. To step beyond what's comfortable and to realise our potential, is one of life's greatest pleasures.

Here at The Bell, the line between fact and fiction blurs. Part history, part future, always present. A place where the brave craves comfort and curiosity.

No script to follow, just an adventure playground waiting to be explored.

What is an Analogue Adventure?

Analogue Adventures are immersive one or two-day experiences designed to connect the past, the present and the future. They are created for teams who need a break from screens, routine and formula. For teams looking for something extraordinary.

Designed for groups of 6 – 20 people, they combine:

- Shared meals and long-table conversation
- Hands-on creative, physical and sensory experiences
- Space to think, talk, move and reset
- Full immersion in The Bell and the surrounding countryside



You choose the energy and focus...
We shape the experience around you



Enter the portal



Whether you want to step back in time,
stay grounded in the present, or glimpse the future,
every Analogue Adventure is bespoke.

Our experienced Head of Events works with you
to shape an experience aligned to your team,
your culture and your purpose.

Sample Itinerary



Creative and Craft

- Life drawing
- Painting and illustration
- Willow weaving
- Creative writing
- Fire cookery with local ingredients



Adventure and Camaraderie

- Outdoor team challenges
- Endurance and strength-based tasks
- Sheep herding
- Navigation and problem-solving exercises

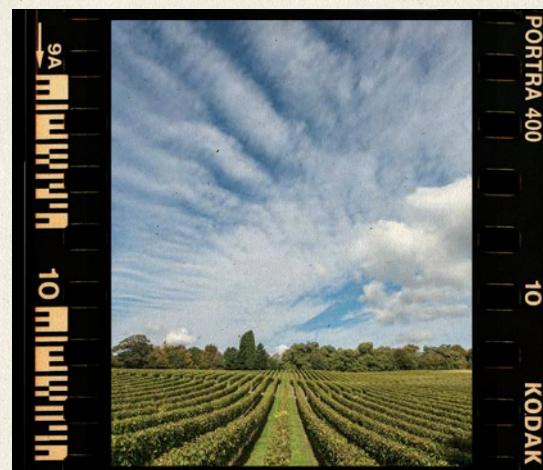
Wellness and Sensory

- Steam and cold immersion
- Birch rituals
- Breathwork and slow movement
- Sound and stillness sessions



Nature and Grounding

- Guided foraging
- Woodland walks
- Botanical blending
- Seasonal outdoor workshops
- Beautifully curated local vineyard tours and wine tastings





DAY ONE: ARRIVE AND RESET

- Arrival and collection from a nearby train station
- Settle in, refresh and decompress
- Morning activity or workshop of your choice
- Seasonal, locally sourced lunch
- Afternoon adventure, creative session or free time
- Evening banquet or long-table feast
- Firepit conversations and drinks
- Overnight stay in your chosen room or lodge

DAY TWO: REFLECT AND RECONNECT

- Breakfast together
- Morning workshop, walk or guided reflection
- Lunch
- Departure

A few of our trusted partners and guides



House of Steam

Traditional steam and cold rituals rooted in ancient practices, that support nervous system regulation and restoration



The Barn Gym

A renowned rural training space delivering outdoor fitness, movement and team challenge experiences.



Oastbook

Oastbook Estate

An award-winning local vineyard and regenerative land steward, grounding the experience in place, seasonality and provenance.



Curious House

Creative facilitators offering hands-on making, craft, drawing and analogue workshops.

The Bell

Decompression Chamber



*T*ransport is part of the experience.

Just 55 minutes by direct train from London Bridge to Wadhurst, the theatre begins the moment you arrive. Step aboard our Decompression Chamber, ready and waiting to collect you and your team from a nearby station. Let the adventure begin.



Spaces, Style and Surprises

Wherever you are in The Bell, you're never far from a story. Some reveal themselves immediately, others take their time.

This is not a



conference hotel. It is a place to inhabit.



Every space is shaped with creative confidence. Vintage furniture sits alongside contemporary textiles and neon statements inspired by Oscar Wilde. Artwork from the owner's personal collection is woven throughout, with world-class pieces living alongside local finds.

Artisans, artists and makers have left their mark everywhere. Reclaimed timber, bespoke iron-work and playful details appear throughout, from bedrooms to outdoor dining spaces built for long conversations. Old and new sit side by side, mismatched in all the right ways.

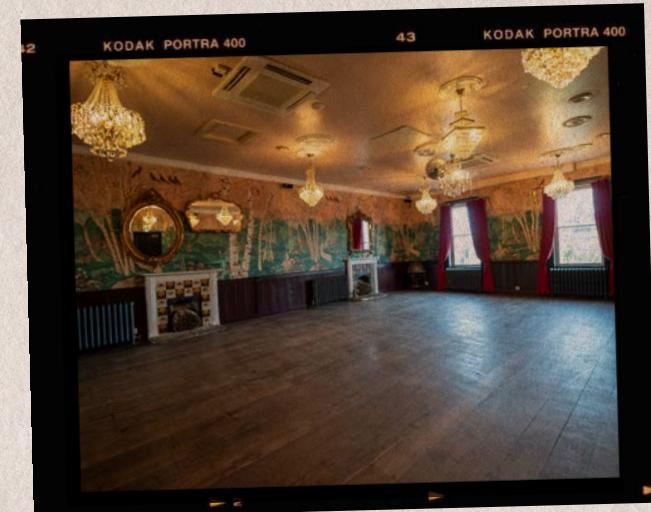


The Big Room, with its bespoke mural designed by Melissa White, chandeliers hanging alongside a life-size peacock and a full-height tree, is undeniably something special. Accommodating up to 90 guests seated banquet-style or 120 standing, it is flexible, grand and inviting.



Downstairs, The Stables, with its own private bar, offers a more intimate dining and creative space, centred around a long split-oak table. Stylish and welcoming, it is designed to encourage conversation, collaboration for smaller more intimate groups.

Step outside and the story continues. An award-winning garden, complete with a roaring fire-pit, leads to The Unstables, a re-imagined blacksmith's forge with a wood-fired oven and a life-size horse. It is a landscape that seamlessly brings the past into conversation with the present, and hints at what might come next.



Eat at The Bell

To dine at The Bell is to immerse yourself in a seasonal, sensory experience.

Our food is generous, thoughtful and grounded in place. Hearty yet refined, imaginative but familiar, designed to unite and excite.



Every dish tells a story, inspired by the land, the seasons and more than five centuries of hospitality.

Eating at The Bell is for the curious, the brave and the dreamers.

From informal grazing to generous feasts and more elaborate dining, our Head Chef will work with you to design a menu that reflects your style of eating. All dietary requirements are thoughtfully catered for.

Rest and Recuperate

Staying at The Bell is as much a part of the experience as what you do while you're here.

There are 16 individually designed rooms, each rich in character and detail. Bedrooms above the pub are delightfully eccentric and beautifully finished. Some feature copper baths, and all offer generous king-size beds designed for exceptional comfort.

Beyond the main building, our garden lodges are arranged around a central fire pit, each with private outdoor space. Our newest outdoor garden houses, available as cosy, classic and deluxe doubles, offer a more secluded and serene stay.

Every room is finished with handmade Somnus mattresses, The Bell's own range of toiletries and thoughtful touches, including sweet treats.

Breakfast and shared meals are included, with full access to the building and its spaces throughout your stay.

The Bell is not a conference hotel. It is a place to inhabit, to unwind, and to feel entirely at home.





THE SUNDAY TIMES

Sunday Times Best Pub
Hotel in the UK

The Pineapples

Pineapple Award,
Best UK
Community Space

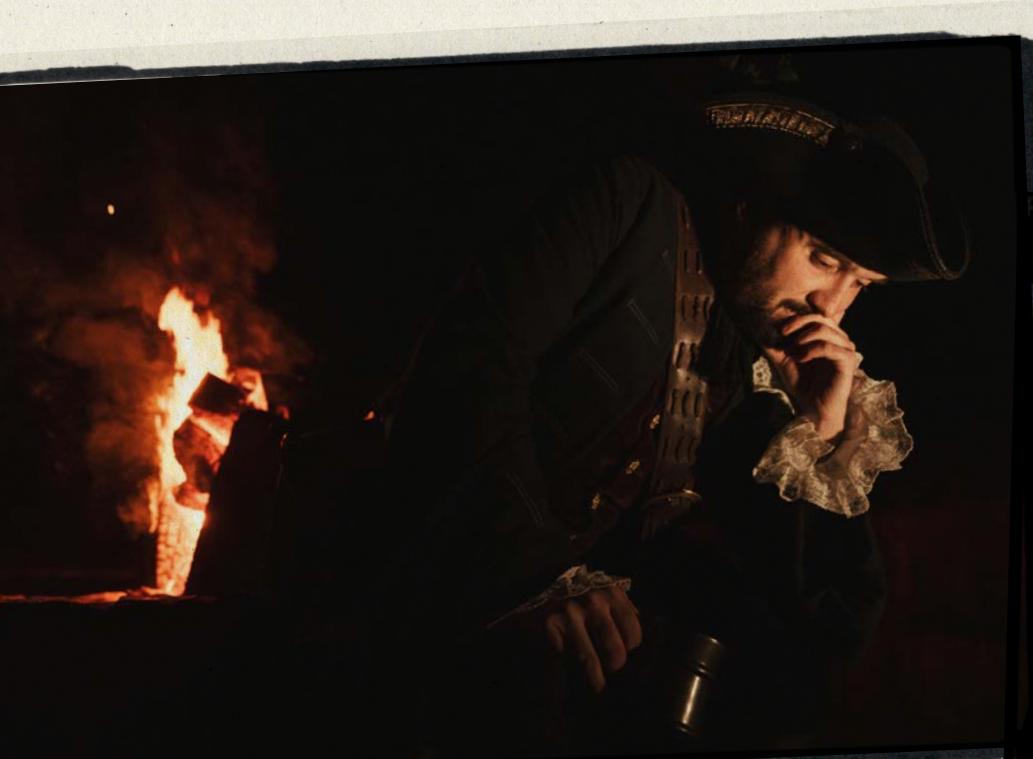
Muddy Stilettos

Muddy Stilettos
Best Pub in the UK

The Telegraph

Ticehurst, Top Ten
Villages to Visit in the
UK





Pricing

Pricing varies by season, group size and itinerary, offering flexibility for each experience.

Your adventure awaits

Available for private team retreats, Monday to Thursday

Team size: 6–20 people

Email: gather@thebellinticehurst.com

Tel: 01580 200300

The Bell in Ticehurst, East Sussex TN5 7AS

www.thebellinticehurst.com



EVERYTHING IS CONNECTED

You crossed the line.

Now carry it forward.

Your story now joins the others.

Because here, Everything is Connected.

The Bell in Ticehurst



THE BELL

“Apparently”

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